



**EYSC**  
**Return to Play**

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EYSC Board of Directors

(Adv. Phase 2) Return to Play Safety Plan

**Everett Youth Soccer Club**

**Advanced Return to Play**

**(Adv. Phase 2) Safety Plan**

Governor Inslee's office recently moved to allow Youth & Adult sports to resume, with requirements tailored by **sport** and **rate of new infections per County**. As a result, regulations regarding training & games have changed.

With soccer being classified by the State as a "Moderate Risk Sport", the 3 levels of restriction are:

**HIGH LEVEL COUNTY COVID ACTIVITY**

>75 cases per 100k per 14 days, OR >5% positivity

- Teams practice in groups of **six (6)**, separated by a buffer zone. Groups will remain consistent to help with contact tracing.
- Attendance must be tracked for all Players & Coaching staff.
- Brief opposed drills permitted (e.g. 3v3s).
- No scrimmages, league games or tournaments allowed.

**MODERATE COUNTY COVID ACTIVITY**

25-75 cases per 100k per 14 days AND <5% positivity

- Teams no longer required to train in separate groups.
- Attendance must be tracked for all Players & Coaching staff.
- Scrimmaging is allowed.
- League games allowed to be played, with proper protocols in place
- No tournaments allowed
- One adult Parent/Guardian/Caregiver spectator allowed per Player. No spectators allowed for Players 18 & older. Masks & social distancing required.

## **LOW LEVEL COUNTY COVID ACTIVITY**

<25 cases per 100k per 14 days AND <5% positivity

- Attendance must be tracked for all Players & Coaching Staff.
- Scrimmaging allowed
- League games allowed
- Tournaments allowed.
- Spectators allowed per current State Covid regulations. Masks & social distancing required.

### **What this means for EYSC:**

As of 10/13, Snohomish County falls under the “Moderate Level County COVID Activity” designation, which means that we are largely able to play & train as normal so long as we follow COVID-specific protocols regarding distancing, sanitation etc.

Retaining that designation (and the ability to play & train like normal) depends on the County infection rate not exceeding 75 new infections per 100k over 14 days, as well as Players, Parents & Coaching staff following State & League regulations.

In the event that the designation for Snohomish County changes, we may lose the ability to play games or train unrestricted. The Board is continuing to monitor official county infection rates on a daily basis.

*The following expectations are based on requirements from U.S. Soccer & Washington Youth Soccer as well as official guidelines from Washington State & the CDC, and are considered an extension of the EYSC Code of Conduct.*

**Stay home if you are feeling unwell or are experiencing COVID-19 symptoms, & notify the Coaching staff.**

**If a Player has tested positive for Covid-19 or is exposed to someone who has tested positive, immediately notify the EYSC COVID Contact Representative:**

**Josh Baker**

**425-359-9138**

**[President@everettyouthsoccerclub.com](mailto:President@everettyouthsoccerclub.com)**



## Coaches

- Wear a face mask at all times & observe social distancing whenever possible. (Coaches may briefly remove their mask to project their voice if no players are within 6 ft).
- Be the only ones to handle all training equipment e.g. cones, small goals, etc. .
- Ensure at the beginning of each training that all Players feel healthy & are not exhibiting symptoms such as coughing, shortness of breath etc. and send home any player who expresses feeling or behaves ill. Ask Players if they have been in contact with anyone exhibiting symptoms in the past 14 days.
- Track attendance for each Player, Coach at training & games, & conduct a verbal health check of all in attendance.
- Track attendance for all EYSC spectators at games.
- Sanitize equipment after each practice. Coaches are provided with a sanitation kit for use at each practice/game. Items in the kit will be replenished by the Club, upon request.
- (Game-day) For Home games, sanitize and provide 3 game balls.
- (Game-day & Practices) Set up a sanitation station on the EYSC sideline with hand sanitizer for use by Players.
- Utilize and coordinate with the Team Manager to ensure COVID procedures are followed.
- Ensure that all Players & Parents adhere to the Codes of Conduct.



## Players

- Wear a mask before & after practice, both to & from the car and the field.
- (Game-day) Wear a mask at all times when not actively on the field of play.
- Bring own equipment (bag, ball, water bottle etc.) & do not share equipment with teammates. Keep equipment placed at least 6 ft. apart.
- Observe social distancing when possible & refrain from high-fiving, shaking hands, hugging etc.
- Refrain from offering to help Coaches with field equipment.



## Parents

- Ensure Players are healthy prior to practice, check their temperature & ask if they have experienced coughing or shortness of breath. If a Player feels unwell or is exhibiting common COVID symptoms, notify the Coach immediately & do not bring them to practice.
- Limit & avoid carpooling with anyone outside the household except where absolutely necessary.
- Ensure Players are wearing masks at all times. Coaches will direct when it is OK to lower the mask for active play.
- (Practice) Remain in the car or social distance while at practice. A mask must be worn at all times when not in the car.
- (Game-day) Remain at least 10 feet from the field of play & observe social distancing. Only 1 Parent/Guardian spectator per minor allowed.
- Sanitize/wash Player equipment after each practice & game (ball, cleats, uniform, water bottle, etc.)
- Ensure that Players adhere to the EYSC Code of Conduct.

## **Training Outline**

- 2 practices a week, a hour and a half in length.
- Attendance will be tracked for all Players & Coaching staff.
- Coaches/Managers will conduct a verbal health check of Players at the start of practice.
- Scrimmaging is allowed in moderate and low risk category restrictions.
- Coaches are allowed to utilize opposed drills (any drill utilizing Attackers vs. Defenders), so long as it does not require constant physical contact, when case counts allow.
- Social distancing should be observed whenever possible.
- Keeper-specific training may take place in compliance with case counts.
- Pinnies may be used at discretion of the Coaching staff.

## **Game-Day Procedures**

**Spectators are limited to one (1) Parent/Guardian/Caregiver per Player. No spectators allowed for Players age 18. Attendance will be taken for all spectators per State requirements.**

- Players should wait until 30 min before kickoff to leave their cars.
- Teams must wait until the previous teams have vacated the field before entering.
- EYSC spectators will inhabit the same side of the field as the Players, in the area marked on the Field map. Do not approach the bench or the Coaching staff, & refrain from attempting to coach from the sideline.
- Teams & spectators must exit the field within 5 minutes of the end of the game.
- Attendance will be taken for all Players, Coaching staff, & spectators.
- Coaches & Parents must wear a mask at all times. Players must wear a mask any time they are not on the field of play and actively playing. Masks are optional during game play.
- Players will be issued neck gaiter style masks for game-days, to be worn around the neck at all times. The Players may pull the gaiter down below their chin while on the field of play. (In the case of a referee prohibiting the wearing of the gaiters on the field, Players may store them in their bags to be retrieved & worn when not on the field).
- Players & Coaching staff should observe social distancing when possible.
- Use of domed/closed tents is not allowed. Open tents may be used.
- On rainy days, a limited number of Players may take turns under the tent so long as social distancing remains adhered to. Players must remain socially distanced while on the sideline.
- No handshakes/fist bumps will be used after the game.
- Home team Coaches will provide sanitized game balls.
- Coaches will sanitize all equipment before and after games (and practices).

**A game-day field map will be provided with designated entrances, exits & spectator areas for all games. These protocols must be followed by Players & Parents of both the Home & Away teams. Maps will be provided to Team leadership as game dates approach.**